s	Name	Club	Category	Time Start	Time to waiting zone	Erg		Completed	Winner of wave	Cat winner
Division 1							Distance (m)	Time (min)		
Beginner Men, wave 1	James Wolferstan	Liverpool	Uni	08:45	08:30	2	1000	3:28.2		
Beginner Men, wave 1	Emmanuel Nyamupingidza	Bangor	Uni	08:45	08:30	3	1000	3:28.1		
Beginner Men, wave 1	Tom Baker	Liverpool	Uni	08:45	08:30	4	1000	3:32.0		
Beginner Men, wave 1	Louis hHornsblow	Bangor	Uni	08:45	08:30	5	1000	3:24.9		
Beginner Men, wave 1	Tom Turner	Salford	Uni	08:45	08:30	7	1000	3:36.8		
Beginner Men, wave 1	Michal Przedwojski	Liverpool	Uni	08:45	08:30	8	1000	3:40.5		
Beginner Men, wave 1	Lewis Bewley	Bangor	Uni	08:45	08:30	9	1000	**3:24.2**	winner wave 1	
Beginner Men, wave 1	Dom Jackson-Horne	Liverpool	Uni	08:45	08:30	10	1000	3:38.2		
Beginner Men, wave 2	Guy Olden	Bangor	Uni	09:00	08:45	2	1000	3:21.2		
Beginner Men, wave 2	Benjamin Whiting	Liverpool	Uni	09:00	08:45	3	1000	**3:07.1**	winner wave 2	**Winner**
Beginner Men, wave 2	Fraser Richmond	Liverpool	Uni	09:00	08:45	4	1000	3:18.9		
Beginner Men, wave 2	Daniel Wild	Salford	Uni	09:00	08:45	5	1000	3:25.4		
Beginner Men, wave 2	Maksym Svyrydovskyi	Liverpool	Uni	09:00	08:45	7	1000	03:17.0		
~~Beginner Men, wave 2~~	~~Josh Wright~~	~~Salford~~	~~Uni~~	~~09:00~~	~~08:45~~	~~8~~	1000	DNS		
Beginner Men, wave 2	Tom Jacobs	Bangor	Uni	09:00	08:45	9	1000	3:46.4		
Beginner Men, wave 2	Will Fyfe	Liverpool	Uni	09:00	08:45	10	1000	3:10.3		3rd
Beginner Men, wave 3	John-Henry Hill	Liverpool	Uni	09:15	09:00	2	1000	3:37.0		
Beginner Men, wave 3	Joshua Dunbar	Bangor	Uni	09:15	09:00	3	1000	3:45.5		
Beginner Men, wave 3	Louis Nader	Liverpool	Uni	09:15	09:00	4	1000	03:28.7		
Beginner Men, wave 3	Thomas Boden	Salford	Uni	09:15	09:00	5	1000	3:33.0		
Beginner Men, wave 3	Sam Latchman	Liverpool	Uni	09:15	09:00	7	1000	**3:12.6**	winner wave 3	
Beginner Men, wave 3	Max Woerner	Liverpool	Uni	09:15	09:00	8	1000	3:28.7		
Beginner Men, wave 3	Harrison Oddie	Liverpool	Uni	09:15	09:00	9	1000	3:17.3		
Beginner Men, wave 3	Alex Gould	Liverpool	Uni	09:15	09:00	10	1000	3:13.1		
Beginner Men, wave 4	Harry Culme-Seymour	Liverpool	Uni	09:30	09:15	2	1000	3:08.7	winner wave 4	2nd
Senior Women, wave 1	Maddie Nickell	Liverpool	Uni	10:00	09:45	2	2000	7:52.3		3rd
Senior Women, wave 1	Maddie Halliwell	Bangor	Uni	10:00	09:45	3	2000	8:49.6		
Senior Women, wave 1	Meghan O'Dwyer	Liverpool	Uni	10:00	09:45	4	2000	8:16.6		
Senior Women, wave 2	Lucy Loughlin? (put into B)	Liverpool	Uni	10:00	09:45	5	2000	7:54.5		
Senior Women, wave 1	Aisling Cronnelly	Bangor	Uni	10:00	09:45	7	2000	8:16.3		
Senior Women, wave 1	Nancy Ryan	Liverpool	Uni	10:00	09:45	8	2000	8:05.6		
Senior Women, wave 1	Emily Anderson	Liverpool	Uni	10:00	09:45	9	2000	7:50.4		2nd
Senior Women, wave 1	Samantha Grice	Liverpool	Uni	10:00	09:45	10	2000	7:40.1	winnner wave 1	**Winner**
Senior Women, wave 2	Lucy Blase	Liverpool	Uni	10:15	10:00	2	2000	8:09.1		
Senior Women, wave 2	Phebe Middleton	Liverpool	Uni	10:15	10:00	3	2000	8:11.1		
Division 2										
Lightweight Men	Rob Harris	Liverpool	Uni	11:00	10:45	2	2000	7:08.6		
Lightweight Men	Zaheer Patel	Liverpool	Uni	11:00	10:45	3	2000	7:30.9		3rd
Lightweight Men	Jacob Baron	Liverpool	Uni	11:00	10:45	4	2000	6:58.3		2nd
Lightweight Men	Harvey Alcock	Liverpool	Uni	11:00	10:45	5	2000	6:55.3	winner	**Winner**
~~Beginner Women, wave 1~~	~~Madeline Fraser~~	~~Liverpool~~	~~Uni~~	~~11:30~~	~~11:15~~	~~2~~	~~1000~~	DNS		
Beginner Women, wave 1	Amélie Look	Bangor	Uni	11:30	11:15	3	1000	4:19.4		
Beginner Women, wave 1	Eve Robins	Liverpool	Uni	11:30	11:15	4	1000	4:22.0		
Beginner Women, wave 1	Annie Burton	Liverpool	Uni	11:30	11:15	5	1000	3:53.0		
~~Beginner Women, wave 1~~	~~Charley Feeney~~	~~Bangor~~	~~Uni~~	~~11:30~~	~~11:15~~	~~7~~	1000	DNS		
Beginner Women, wave 1	Hannah Bisby	Liverpool	Uni	11:30	11:15	8	1000	3:43.5	winner wave 1	3rd
~~Beginner Women, wave 1~~	~~Emily Chandler~~	~~Salford~~	~~Uni~~	~~11:30~~	~~11:15~~	~~9~~	~~1000~~	DNS		
Beginner Women, wave 1	Grace Parkhurst	Liverpool	Uni	11:30	11:15	10	1000	4:17.4		
Beginner Women, wave 2	Lucy Andrews	Liverpool	Uni	11:45	11:30	2	1000	4:04.9		
Beginner Women, wave 2	Izzy Jones	Bangor	Uni	11:45	11:30	3	1000	4:25.8		
Beginner Women, wave 2	Anna Mueller	Liverpool	Uni	11:45	11:30	4	1000	3:34.7	winner wave 2	**Winner**
Beginner Women, wave 2	Philomena Brennan Brown	Bangor	Uni	11:45	11:30	5	1000	4:11.0		
Beginner Women, wave 2	Emma Gillespie	Liverpool	Uni	11:45	11:30	7	1000	3:59.7		
Beginner Women, wave 2	Maddy Beal	Bangor	Uni	11:45	11:30	8	1000	4:32.4		
Beginner Women, wave 2	Caroline Berkley	Liverpool	Uni	11:45	11:30	9	1000	4:20.6		
Beginner Women, wave 2	Amelie Howse	Liverpool	Uni	11:45	11:30	10	1000	4:13.2		
Beginner Women, wave 3	Niamh Harrison	Liverpool	Uni	12:00	11:45	2	1000	4:10.4		
Beginner Women, wave 3	Ellisia Baxter	Liverpool	Uni	12:00	11:45	3	1000	3:40.8	winner wave 3	2nd
Senior Men	Ryan Joseph	Liverpool	Uni	12:15	12:00	3	2000	6:53.0		3rd
Senior Men	Sam Frenkel	Liverpool	Uni	12:15	12:00	4	2000	6:39.4		2nd
Senior Men	James Cox	Manchester Met	Uni	12:15	12:00	5	2000	6:17.1		**Winner**
Senior Men	Sean Thompson	Manchester Met	Uni	12:15	12:00	7	2000	6:51.1		
Senior Men	Finnley Parr	Salford	Uni	12:15	12:00	8	2000	6:57.0		
Senior Men	Oliver Harris	Salford	Uni	12:15	12:00	9	2000	7:31.0		
Senior Men	Carlos Boria García	Salford	Uni	12:15	12:00	10	2000	7:09.0		
LUNCH										
Division 3										
Coaches				13:15	13:00		500			
Coxes	Caroline Berkley	Liverpool	Uni	13:30	13:15		500			
Spectators				13:45	13:30		500			
Division 4										
Relay - women, wave 1	Becca G	Liverpool A		14:15	14:00		4x500			
	Jemima Hardy									
	Sam G									
	Maddie N									
Relay - women, wave 1	Anna Mueller	Liverpool D		14:15	14:00		4x500			
	Emma Gillespie									
	Ellisia Baxter									
	Annie Burton									

Relay - women, wave 1	Nancy R	Liverpool B		14:15	14:00		4x500
	Lucy B						
	Meg O						
	Tahiyah T						
Relay - women, wave 1	Maddie	Bangor A		14:15	14:00		4x500
	Maddy						
	Lexi						
	Ameile						
Relay - women, wave 2	Caroline Berkley	Liverpool E		14:30	14:15		4x500
	Lucy Andrews						
	Niamh Harrison						
	Rose van der Kooj						
Relay - women, wave 2	Amy F	Liverpool C		14:30	14:15		4x500
	Lauren F						
	Lucy L						
	Phebe M						
Relay - women, wave 2	Milly Howse	Liverpool F		14:30	14:15		4x500
	Hannah Bisby						
	Izzi Chalmers						
	Eve Robins						
Relay - women, wave 2	Aimee	Bangor B		14:30	14:15		4x500
	Izzy						
	Aisling						
	Defne						
Relay - men, wave 1	Ben Whiting	Liverpool B		15:00	14:45		4x500
	Ryan Joseph						
	Harrison Oddie						
	Harry Culme-Seymour						
Relay - men, wave 1	Sam	Liverpool A		15:00	14:45		4x500
	James D						
	Harvey						
	James B						
Relay - men, wave 1	Fraser Richmond	Liverpool C		15:00	14:45		4x500
	James Wolferstan						
	Will Fyfe						
	Alex Gould						
Relay - men, wave 1	Guy Olden	Bangor		15:00	14:45		4x500
	Tom Jones						
	Louis H						
	Josh Dunbar						
Relay - men, wave 2	Louis Nader	Liverpool D		15:15	15:00		4x500
	John-Henry Hill						
	Sam Latchman						
	Max Woerner						
Relay - men, wave 2	Dom Jackson-Horne	Liverpool E		15:15	15:00		4x500
	Maksym Svyrydovski						
	Michal Przedwojski						
	Tom Baker						
Relay - men, wave 2	Carlos Boria Garcia	Sulfford		15:15	15:00		4x500
	Oliver Harris						
	Finn Parr						
	Tom Turner						
Relay - mixed	Emily A	Liverpool A		15:45	15:15		4x500
	Ellie H						
	Finlay						
	Oli						
	Kelcie	Bangor		15:45	15:15		4x500
	Philomena						
	Lewis						
	Emmanuel						